

Pleasant Grove Recreation 3rd & 4th Grade Girls Softball League



INFORMATION

- GAME LOCATION – Shannon Fields (220 S. 420 W.) located by the Rodeo Grounds.
- PRACTICES – TBD by Coach
- LEAGUE SHIRT/SHORTS/SOCKS - Registration fee includes a league team shirt, shorts and socks that will be handed out to coaches.
- Coaches Background Checks – PG City requires all coaches in any of the city youth programs to complete a background screen. If you are a new coach and have not had a background screen with the Recreation Department you will be asked to apply online.
- Participation Treat – At the end of season, all participants will receive a participation treat.
- League Pictures - A specific time will be assigned to teams by the picture company. *NOTE: In case of bad weather, pictures will be taken at the OLD Community Center @ 65 E. 200 S.

RULES

Base Distance 60'

Pitching Distance for 3-4 Grade Division is 35'

Softball Size 11"

Bats



New in 2020 – A pitching machine will be used the first 4 games of the season to help move the game along. Also, for the first 4 games a pitching supervisor will be at the field to help develop those interested in learning to pitch. Those interested in pitching should be at the field 15 minutes prior to game time to work with pitching supervisor. The second half of the season, the games will be played with live pitching.

RULES WHEN USING PITCHING MACHINE.

- 1. First (4) games - Pitching Machine will be set up at the field on game days. The league supervisor/umpire will operate the machine. It is very important that players DO NOT get close to the machine.**
- 2. Inning will end at 3 outs or when a team scores 6 runs. To assure more innings please have players hustle on and off the field.**
- 3. Batters are given 3 strikes (must be swinging to be a strike). Foul balls count as strikes except on 3rd strike. If any ball hits the pitching apparatus, it is a fair ball. Batters must wear helmets.**
- 4. There are no walks, no stealing or leading off the base. Runner cannot advance until ball is hit.**

- 1. FIRST TEAM LISTED WILL BE HOME TEAM AND WILL TAKE 3RD BASE DUGOUT!**
- 2. NO infield practices before games! NO soft toss against fences! Please warm up in the outfield.**
3. ASA rules will be in effect with these exceptions: No stealing, no third strike rule, and no infield fly rule.
4. No new inning after 55 minutes.
5. Free substitutions, including pitchers

6. Everyone bats, but only 10 players are allowed on defense, with the 10th player in the outfield - a player sitting out on defense one inning, will need to be put in the next inning.
7. For the first three games - A maximum of two coaches or assistants may be positioned in the field when their team is on defense. This is for fielding instruction only, and the coaches are encouraged to be located behind the infielders. Instructional coaches cannot be located behind the umpire.
8. A team may score a max of 6 runs per inning, (Coaches will be responsible for keeping track of batting order & runs scored - no official score will be kept).
9. To encourage hitting, only two walks will be allowed per inning. After the 2nd walk of the half-inning, the subsequent fourth ball will not entitle the batter to first base, but shall result in the supervisor or coach pitching to the batter. Once the supervisor or coach (from team batting) comes out to pitch to the batter, the batter will retain the number of strikes she had when ball 4 was thrown. The supervisor will pitch up to 4 pitches to her until:
 - a) She strikes out swinging (no called strikes when a coach pitches)
 - b) She put the ball in play, or
 - c) She does not make contact on the 4th pitch from the coach
 - d) If she fouls off the 4th pitch, she may continue to bat until one of the 3 rules (a, b, or c) occurs.
- 10 *No SOFT-TOSS or TEE WORK IS ALLOWED INTO FENCES. Please do not hit softballs, flexi-balls, or waffle balls into the fences.
- 11 **Please remember to clean out your dugouts after each practice and game!**